



# COVID-19 (Coronavirus)

Resources for Immigrants  
*Recursos para inmigrantes*

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# WE ARE LIVING IN AN UNPRECEDENTED AND UNPREDICTABLE CULTURAL MOMENT. WE'LL ONLY GET THROUGH IT BY COMING TOGETHER.

This moment calls on us to go all in for *all of us*. Our families and neighborhoods are stronger, safer and healthier when we come together and take care of each other in moments of crisis.

We've compiled a list of resources in Washington State (some in multiple languages) to ensure everyone in our communities are able to receive the care and necessities they need. The categories are listed below.

## ESTAMOS VIVIENDO EN UN MOMENTO CULTURAL SIN PRECEDENTES E IMPREDECIBLE. SOLO LO SUPERAREMOS UNIÉNDONOS.

*Este momento nos llama a ir por todos nosotros. Nuestras familias y vecindarios son más fuertes, seguros y saludables cuando nos unimos y nos cuidamos en momentos de crisis. Hemos compilado una lista de recursos en el estado de Washington (algunos en varios idiomas) para garantizar que todos en nuestras comunidades puedan recibir la atención y las necesidades que necesitan. Las categorías son las siguientes:*

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## General COVID-19 Information / Información general de COVID-19

FOR FREE COVID-19 TESTING visit [these community health centers](#) // PARA PRUEBA GRATIS DE COVID-19 [visita estas clínicas](#).

- Resource Help - Washington Immigrant Solidarity Network Hotline / *Ayuda en encontrar recursos - Línea Directa de la Red de Solidaridad de Inmigrantes en WA: 1-844-724-3737*
- [OneAmerica COVID 19 \(Coronavirus\) Resources for Immigrants / Recursos para Inmigrantes](#)
- [COVID-19 Public Health Recommendations](#)
  - Available on [this webpage in multiple languages](#): Amharic, Arabic, Chinese, Tagalog, French, Hindi, Japanese, Khmer, Korean, Marshallese, Russian, Somali, Spanish, Thai, and Vietnamese
- [Información en Lenguas Originarias/Lenguas Indígenas / COVID-19 Resources in Indigenous Languages](#)
- [How to Prevent Spread of COVID-19](#) (in 30+ languages)
- [Washington State Coronavirus Response Page](#)
- [WA Department of Health COVID-19 Page](#)
- [Social Distancing How-To Guide](#)
- [COVID-19 Assistance and Public Charge FAQ for Immigrants](#)
- [Financial Resources for Washington Residents Impacted by COVID-19](#)
- Spanish Seminar about COVID-19/ [Seminario Web de la Oficina de Inmigrantes y Refugiados de Seattle - Platica Comunitaria Sobre El Nuevo Coronavirus \(Video\)](#)
  - [Oprime aquí para la presentación con recursos](#)
- Somali Webinar about COVID-19/ [Webinaar oo ku saabsan Covid-19 oo af-Soomaali ah - March 26](#)
- [Know your Rights from the Washington LawHelp](#)
  - Valuable information on how COVID-19 is impacting court access, health care, benefits, mortgage, and more.
- [Coronavirus Education Materials in Indigenous Languages, Dialects and Spanish](#)
- [Cómo protegerse y detener la propagación del virus \(Video\)](#)
- [Somali Health Board Covid-19 Hub / Bogga macluumaadka iyo wargelinta bulshada amuuraha Covid-19 ee Somali Health Board.](#)

## Federal Resources / Recursos Federales

- [Department of Education - Federal Student Loan Relief](#)
- [Federal Resources for Immigrants list via Informed Immigrant / \*Recursos federales para la comunidad inmigrante en español\*](#)
- [Small Business Guidance & Loan Resources](#)

## County Resources / Recursos del condado

- [King County COVID-19 Daily Updates](#)
- [King County Anti-Stigma Resources](#)
- [Yakima County COVID-19 Updates](#)
- [Skagit County COVID-19 Updates](#)
- [Clark County COVID-19 Updates](#)
- [Kitsap Public Health District COVID-19 Resources](#)

## City Resources / Recursos de la ciudad

- [City of SeaTac Human Service Providers](#)
- [City of Seattle Food Vouchers during this pandemic](#)
- [City of Tacoma COVID-19 Emergency Assistance Program](#)
- [Vancouver Specific Resource List](#)
- [Seattle COVID-19 “Request Support” Form](#) - If you need food or other supplies dropped at your front door.
  - [Spanish](#)
  - [Amharic](#)
  - [Tigrinya](#)
  - [Vietnamese](#)
- [City of Seattle COVID-19 list of services and benefits](#)
- [Eastside King County COVID-19 Resource Directory](#)
- City of Seattle [2020 Emergency Fund for Businesses](#) Impacted by COVID-19 (in multiple languages - Chinese, Korean, Spanish, Somali, Vietnamese)
- [Chinatown International District \\$1,500 Grants for Restaurants](#)
  - [Vietnamese](#)
  - [Chinese](#)
- [COVID-19 - Recursos en español - Vancouver, Washington](#)
- [Yakima Drive Thru COVID-19 Testing FAQ](#)

## Education Resources / Recursos educativos

- [School Closures FAQ from the Washington Office of Superintendent](#)
- Public School Meal Distribution:
  - [Highline Public Schools](#)
  - [Seattle Public Schools](#) (multiple languages)
  - [Tacoma Public Schools](#)
  - [Shoreline School District](#)
  - [Snohomish School District](#)
- [FREE Access to Internet for Seattle Public School Students](#)

## Housing Resources / Recursos de alojamiento

- Are you behind on rent and live in King County? United Way of King County's rental assistance program could help you! Funds are available for everyone, regardless of immigration status. [Sign up for assistance today!](#) / *¿Estás atrasado en el alquiler y vives en el condado de King? ¡El programa de asistencia del alquiler de United Way of King County podría ayudarte! Los fondos están disponibles a todos, independiente del estado de inmigración. [Aplica por ayuda aquí!](#)*
- [Video de preguntas sobre derechos de inquilino](#) del Washington Community Action Network
- [WA Emergency Housing Protections](#) - see what has passed
- [WA Protecciones de vivienda](#) - leyes
- [Rental Assistance Resources](#)
- [Ayuda Legal, Legal Help](#) - Northwest Justice Project
- [Somali Youth and Family Club](#) - Help King County immigrants and undocumented folks with Homeless Prevention, Diversion, Rapid Rehousing Program and King County Permanent Supportive Housing.

## Worker/Unemployment Resources / Recursos de desempleo y para trabajadores

- [How to apply for Unemployment in Washington State](#) (w/ updates about COVID-19)
- [Worker Q&A during this time](#)
- [Paid Sick Leave & Coronavirus from the WA State Department of Labor & Industries](#)

- [The Unemployment Law Project](#) is a legal aid organization. They offer advice and free/low-cost legal representation to people whose unemployment benefits claims have been denied or challenged by the employer.
  - 1904 Third Avenue Suite 604, Seattle WA 98101 | 888-441-9178 | info@ulproject.org
- [‘Critical’ Job Opportunities via WorkSource](#)
- [Safeway Delivery Drivers and Employee Openings](#)
- [Video de Derechos en Tu Trabajo Durante el COVID-19](#) de Casa Latina
- [Recursos Sobre COVID-19 para los Trabajadores del WSLC](#)
- [Know your rights as J-1 Workers / Conozca sus derechos como trabajadores J-1](#)

## Resources for Undocumented Folks / Recursos para personas indocumentadas

- [COVID-19 Relief Fund for WA Undocumented Folks / Fondo de ayuda COVID-19 para personas indocumentadas de WA](#)
  - Applications are now open, and they are estimating to distribute aid between \$500 - \$1,500 per individual to help where you need most. They know they may not be able to help everyone and want to be clear that joining the waitlist does not guarantee that you will receive aid.
  - *Las solicitudes están abiertas, y estimamos distribuir la ayuda entre \$ 500 - \$ 1,500 por persona para ayudar donde más lo necesita. Saben que es posible que no puedan ayudar a todos y quieren dejar claro que unirse a la lista de espera no garantiza que recibirán ayuda.*
- **NEW!** National UndocuFund - United We Dream Financial Assistance fund for Undocumented folks of \$400. [Click here to apply!](#) / *Asistencia financiera para familias indocumentadas de \$400. [¡Aplica aquí!](#)*
- Are you behind on rent and live in King County? United Way of King County’s rental assistance program could help you! Funds are available for everyone, regardless of immigration status. [Sign up for assistance today!](#) / *¿Estás atrasado en el alquiler y vives en el condado de King? ¡El programa de asistencia del alquiler de United Way of King County podría ayudarte! Los fondos están disponibles a todos, independiente del estado de inmigración. [¡Aplica por ayuda aquí!](#)*
- [COVID-19 Recursos para Comunidades Indocumentadas \(por todo el país de Estados Unidos\)](#)
- [Tangible Support for Undocumented Communities during COVID-19 from Immigrants Rising](#)
  - A list of resources for undocumented folks

- [Healthcare access - safe healthcare centers in WA](#)
  - Free and charitable clinics
  - No matter if you have legal documents, you have the right to receive medical attention. At this time, seeking medical attention will not affect your current immigration situation. *Tenga o no documentos legales, usted tiene el derecho de recibir atención médica. El recibir atención médica en el estado de Washington no le afectará en el momento que pueda arreglar su situación migratoria.*
- Alien Emergency Medical (AEM) - **Atención Médica de Emergencia para Extranjeros**
  - Washington State Health Care Authority (HCA) is now [allowing undocumented adults to apply for Alien Emergency Medical \(AEM\) if they need COVID-19 testing](#). HCA will come out with more changes/information/direction soon. However, in the meantime, individuals can apply online at [www.washingtonconnection.org](http://www.washingtonconnection.org) or by completing the Application for Long-Term Care/Aged, Blind, Disabled Coverage (HCA 18-005). This application can be downloaded from the [Health Care Authority website](#).
- [COVID-19 Relief Fund for Undocumented People | COVID-19 Fondo de Ayuda para Personas Indocumentadas](#)
  - Founded by South Seattle College student organizer, this is a fund to help ensure undocumented families can continue to pay back their rent once the current residential evictions moratorium has been lifted.
  - *Fundado por el organizador de estudiantes de South Seattle College, este es un fondo para ayudar a asegurar que las familias indocumentadas puedan continuar pagando su renta una vez que se levante la moratoria de desalojos residenciales actual.*
- [El Centro de la Raza - Emergency Response Fund | Fondo de respuesta a emergencias](#)
- [Seattle COVID-19 “Request Support” Form](#) - If you need food or other supplies dropped at your front door.
  - [Spanish](#)
  - [Amharic](#)
  - [Tigrinya](#)
  - [Vietnamese](#)
- [Emergency Funds from Betancourt Macias Family Scholarship Foundation](#)
  - If you are undocumented yourself or have family members who are undocumented and have been impacted by the COVID-19 pandemic, you can fill out the request form and receive emergency funds.
- [Spokane Relief Fund for Undocumented Families | Fondo para familias indocumentadas en Spokane, WA](#)



## Resources for Muslim Communities / Recursos para comunidades musulmanas

- [CAIR-WA COVID-19 Help Hotline](#)
- [CAIR Community Resource Guide](#) - Resources on childcare, technology, rent, and utility assistance.

## Mutual Aid Resources / Recursos de ayuda mutua

- [Seattle COVID-19 “Request Support” Form](#) - If you need food or other supplies dropped at your front door.
  - [Spanish](#)
  - [Amharic](#)
  - [Tigrinya](#)
  - [Vietnamese](#)
- [COVID-19/ Coronavirus South King County & Eastside Mutual Aid “Request Support” Form](#)
- [COVID-19 Seattle Small Business Assistance and Financial Help for Immigrants](#)
- [Snohomish County COVID/Coronavirus Mutual Aid Group](#)
  - Providing food and supplies deliveries, medicines pick-up, help to access local, state, or federal resources/relief, emotional and mental health support via phone, and small cash grants.

## Well-being Resources / Recursos de bienestar


- [A guide to “Taking Care of Your Mental Health in the Face of Uncertainty” from the American Foundation for Suicide Prevention.](#)
- [Grocery Stores w/ Hours for At-Risk Groups](#)
- [Comcast Free Internet Program](#)
- [Puget Sound Energy](#) - No late fees or shut-offs
- [Consejo Counseling and Referral Service / Haga clic aquí para español](#)
  - Provides a range of behavioral health services throughout Washington in Tacoma, Shelton, Central Seattle, Graham, and Belfair. [Check out their flyer for more information](#) / Consejo ofrece una variedad de servicios de salud mental y emocional en Tacoma, Shelton, Seattle, Graham y Belfair. [Haga clic aquí para mas información y contactos.](#)



## Resources to Stand Against Racism / Recursos para luchar contra el racismo

- [List of resources to combat racism](#) created by our friends at the Asian Americans Advancing Justice Organization.
  - Help them track hate by visiting their [Stand Against Hatred website](#), accessible in Chinese, Korean, and Vietnamese.
- [King County Anti-Stigma Resources](#)

## WA Immigrant Solidarity Network/Red de Solidaridad de Inmigrantes en WA




**WASHINGTON IMMIGRANT SOLIDARITY NETWORK 1-844-724-3737**

**STARTING MONDAY, MARCH 30TH**

**We will be identifying support programs in:**

- Rental assistance
- Assistance for dispensation
- Assistance in taking the COVID-19 test if you have been exposed or with symptoms
- Assistance for support against detainment and deportation
- Critical information on health, labor rights, and other rights
- Immigration-related issues under the coronavirus pandemic in WA state

 **Feel free to call us at 1-844-724-3737**  
#ImmigrantHealthResponse #PrioridadLaSalud



**WASHINGTON IMMIGRANT SOLIDARITY NETWORK 1-844-724-3737**

**A PARTIR DE LUNES 30 DE MARZO**

**Estaremos identificando programas de apoyo en:**

- Asistencia para la renta
- Asistencia para la dispensa
- Asistencia para tomar el examen de COVID-19 si han sido expuestos o con síntomas
- Asistencia para apoyo contra la detención y deportación
- Información crítica sobre salud, derechos laborales, y otros temas relacionados a inmigración bajo la pandemia del coronavirus en el estado de WA

 **No duden en llamarnos al 1-844-724-3737**  
#PrioridadLaSalud #ImmigrantHealthResponse

If you have been unable to speak with one of our volunteers at our hotline, send us a message [on Facebook](#), where we can help you as well.  
[www.facebook.com/WAimmigrantsolidaritynetwork](http://www.facebook.com/WAimmigrantsolidaritynetwork)

Si no ha podido hablar con uno de nuestros voluntarios a través de la línea directa envíenos un mensaje a [través de Facebook](#) donde podremos ayudarle también.  
[www.facebook.com/WAimmigrantsolidaritynetwork](http://www.facebook.com/WAimmigrantsolidaritynetwork)

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